

Multimedia Appendix 3. Mental health outcomes and measurement tools

Outcome	Measurement Tool
Depression	Beck Depression Inventory (BDI-II) [39] Centre for Epidemiological Studies Depression Scale (CES-D) [37] [38] [44] [45] [46] [48] [49]
Stress or Distress	Perceived Stress Scale (PSS) [39] [44] Neuropsychiatric Inventory (NPI) [41] Customized two question approach [48] Interpersonal Reactivity Index (IRI) [40]
Anxiety	Hospital Anxiety and Depression Scale (HADS) [38] State-Trait Anxiety Inventory (STAI) [48]
Coping	Brief Cope Scale (BCS) [43] Revised Ways of Coping (R-WoC) [48]
Mental Health	Short Version Profile of Mood States (SV-POMS) [42]
Quality of Life	Quality of Life in Alzheimer's Disease Scale (QoLAD) ^a [50] Non-specific tool (2 questions) [40] Quality of Life Scale (QoLS) [41] Perceived Quality of Life (PQoL) [44]
Overall Health	Nottingham Health Profile (NHP) [39] EuroQoL (EQ5D) [41]

^a Plus, the Minimum Dataset of the Dutch National Programme for Elderly Care (MDS-NPO).